



Services For YOUNG People



ARE YOU GOING TO LOSE IT?

Abused Child Trust – Contact House – 4779 0611

Hours 9am – 5pm Monday to Friday

Web: www.abusedchildtrust.com.au

Email: Townsville@abusedchildtrust.com.au

Contact House provides a therapeutic counselling and support service to children and young people who have been harmed, or are at risk of harm (sexually, physically, emotionally or through neglect) and their families or carers. The service is open 9am – 5pm Monday to Friday and is fee free. You will need a referral to attend Contact House. Self referrals are accepted, and referrals are also accepted from government and non-government agencies and community organisations.

Kids Help-Line – 1800 551 800

Hours 24 hours 7 days

www.kidshelp.com.au

Thousands of young people (5 to 18 years) call Kids Help Line every week. No problem is too small, too embarrassing to talk about or out of bounds. This service is confidential and anonymous.

There is also web counselling available from 3pm – 9pm 7 days (Queensland time) at www.kidshelp.com.au

The Salvation Army, Townsville Faithworks

Beacon Youth Services – 4779 3791, Drop-in Centre – 10am to 4pm Saturday, Home Work Club – 3pm – 5pm Wednesday, Thursday & Friday (opening soon), Youth Group – 7pm to 9pm (1st & 3rd Friday of the month), Salvo Careline – 24 hours, 7 days a week – 1300 363 622

www.salvos.com/townsvillefaithworks

Beacon Youth Services aim to support and encourage young people in the Townsville region by providing numerous activities and programs to help young people develop social skills and to enhance their moral and ethical ideas. Personal mentoring and homework tutoring for Primary & High School students. Organised recreational activities fully supervised by Christians from our church. Outings organised on an irregular basis (details can be found at Church administration office – Tuesday, Wednesday & Thursday 9am – 3pm).

Child Youth Mental Health Service – 4779 9004

Hours 10.30am – 4.30pm Monday to Friday

The Child and Youth Mental Health Service assists children and youth (0 – 18 years) and their families with provision of comprehensive assessment and treatment of behavioural, emotional and mental health disorders. They also provide Adolescent Forensic Mental Health Service designed to meet the mental health needs of young people who are involved with the juvenile justice system.

JCU Counsellors – 4781 4711

<http://www.jcu.edu.au/studying/services/counselling/>

JCU Counsellors are available for appointments by phoning 4781 4711 or by going into the Student Services Centre in person. The Counselling Service is located on the first floor of the Student Services Building, above the Bookshop. A "Drop-in" counselling service is available for students who have not yet seen a JCU Counsellor. This service is offered on Tuesdays and Thursdays. Please drop in or phone to find out the current times.

Child Protection – 1800 177 135